

HealthBarn is the Place to be!

HealthBarn USA is an interesting, enthralling all around fun experience! You plant and harvest your own crops (the seasonal ones of course!). Then you bring them back and use them to concoct a unique, tasty recipe. HealthBarn is full of every aspect to live a healthy lifestyle in a great way!

Before you go down to the fields to work on the crops, you always stretch and jog down to get a workout. Once you are there, you see a beautiful arrangement of sunflowers, broccoli, tomatoes, fresh herbs and so much more! You learn the proper technique to care for each plant. Then, you harvest! You take as many ripe plants as you can and bring them home to enjoy with your family. It makes you happy to know you are the one who helped these plants thrive!

Once you are done working at the fields, you come back up to rest and make a tantalizing recipe! Most of the time, you use the crops that you planted. There are so many recipes that you take part in. From yum, yum dumplings, to pita pizza, to cheese burger salad! All of the recipes are healthy and yummy! You even get to take the recipes home to make on your own. Every recipe is a guaranteed pleaser.

HealthBarn changed my eating habits in a big way. I've changed from fast food to health food all because of HealthBarn! My family has too! HealthBarn will change your life forever!

Chloe M., age 12
Franklin Lakes, NJ